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$$a) N(H) = \{g \in G \mid gHg^{-1} = H\}$$

then  $eHe^{-1} = H$ , so  $e \in N(H) \neq \emptyset$ .

Let  $a, b \in N(H)$ .

Then  $aHa^{-1} = H$  and  $bHb^{-1} = H$ , and by multiplying  $H = a^{-1}Ha$ .

$$\begin{aligned} \text{So } (ab)H(ab)^{-1} &= (ab)H(b^{-1}a^{-1}) \\ &= a(bHb^{-1})a^{-1} \\ &= aHa^{-1} = H, \text{ so } ab \in N(H). \end{aligned}$$

Also  $a^{-1}H(a^{-1})^{-1} = a^{-1}Ha = H$ , so  $a^{-1} \in N(H)$ .

Thus by thm 5.1,  $N(H) \leq G$

b) Let  $h \in H$ .

So  $hHh^{-1} \subseteq H$  because  $H \leq G$ .

For  $h' \in H$ , note  $h' = h(h^{-1}h'h)h^{-1} \in hHh^{-1}$ .

Therefore,  $H = hHh^{-1}$ . So  $h \in N(H)$  and  $H \subseteq N(H)$ .

Now  $shs^{-1} \forall s \in N(H)$ , so by thm 11.1,  $H \triangleleft N(H)$ .

c) Given  $K \leq G$ ,  $H \triangleleft K$ .

By thm 11.1,  $kHk^{-1} = H \forall k \in K$ ,

so  $k \in N(H) \forall k \in K$ , so  $K \subseteq N(H)$ .