# DOUBLING CONSTANT FOR SUBGROUPS OF $\mathbb{Z}_{P}^{*}$ 

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#### Abstract

For any prime $p$ and $t \mid(p-1)$, let $A$ be the multiplicative subgroup of $\mathbb{Z}_{p}^{*}$ of order $t$, and $2 A=A+A$, a union of $\lambda_{A}$ cosets of $A$, together with $\{0\}$ in case $t$ is even. For fixed $n$, we characterize all $A$ for which $\lambda_{A}=n$. For $n=1,2,3,4$ we provide, with proof, a complete list of all such groups, while for $n=5$ to 10 we make a conjecture based on our data. $A$ has maximal doubling if $\lambda_{A}=\min (k,\lceil t / 2\rceil)$. We show $A$ has maximal doubling if $t<\log _{3} p$. Finally, we find all groups $A$ contained in an arithmetic progression of length at most $\frac{3}{2}|A|$, generalizing a result of Chowla, Mann and Straus.


## 1. Introduction

Let $p$ be a prime, $\mathbb{Z}_{p}=\mathbb{Z} / \mathbb{Z} p, \mathbb{Z}_{p}^{*}=\mathbb{Z}_{p} \backslash\{0\}$, and $A$ be the multiplicative subgroup of $\mathbb{Z}_{p}^{*}$ of order $t=|A|$. Put $k:=(p-1) / t$, so that $A$ is the group of $k$-th powers in $\mathbb{Z}_{p}^{*}$. For convenience, we identify $A$ with the ordered triple ( $k, t, p$ ), and write

$$
A \sim(k, t, p), \quad \text { to mean } \quad A \subseteq \mathbb{Z}_{p}^{*}, \quad|A|=t, \quad k=(p-1) / t
$$

Define

$$
2 A=A+A:=\left\{a_{1}+a_{2}: a_{1}, a_{2} \in A\right\}
$$

and for any $x \in \mathbb{Z}_{p}^{*}$, define $x A$ to be the coset $x A:=\{x a: a \in A\}$. Throughout the paper, $2 A$ always denotes the sum set $A+A$, not the coset where 2 is viewed

[^0]as an element of $\mathbb{Z}_{p}^{*}$. Note that $2 A$ is invariant under multiplication by elements of $A$, and so it is a union of cosets of $A$ together possibly with 0 . Since $-1 \in A$ if and only if $t$ is even, we have $0 \in 2 A$ if and only if $t$ is even. Thus, letting $\lambda=\lambda_{A}$ denote the number of distinct cosets in $2 A$,
\[

|2 A|= $$
\begin{cases}\lambda|A|, & \text { if } t \text { is odd }  \tag{1.1}\\ \lambda|A|+1, & \text { if } t \text { is even }\end{cases}
$$
\]

The doubling constant for $A$ is the ratio $\frac{|2 A|}{|A|}=\lambda$ or $\lambda+\frac{1}{t}$, for $t$ odd or even respectively.

The first objective of this paper is to determine all groups $A$ for which $\lambda_{A}=n$, where $n$ is a fixed natural number. The results were largely discovered by analyzing the computer generated data presented in Section 8, part of which can be found in the first author's thesis [5].

The problem of describing subsets $S$ of additive groups with small doubling, $|2 S| \leq K|S|$ with $K$ a fixed constant, has received much attention. Freiman [9] gave a description of such sets in $\mathbb{Z}$ in terms of general arithmetic progressions. Ruzsa [18, 19], and Green and Ruzsa [11] generalized Freiman's Theorem to abelian groups while Breuillard, Green and Tao [3] addressed the problem for the case of non-abelian groups. In Section 11 we make use of quantitative results of Freiman [8], and Hamoudine and Rodseth [12] on small doubling, for the problem at hand.

Heath-Brown and Konyagin [14], Cochrane and Pinner [7], Shkredov [20] and Hart [13] established the following lower bounds on $|2 A|$ :

$$
\begin{aligned}
& |2 A| \gg|A|^{\frac{3}{2}}, \quad \text { for }|A|<p^{2 / 3} \quad[14] ; \\
& |2 A| \geq \frac{1}{4}|A|^{\frac{3}{2}}, \quad \text { for }|A|<p^{2 / 3} \quad[7] ; \\
& |2 A| \gg \varepsilon|A|^{\frac{8}{5}-\varepsilon}, \quad \text { for }|A|<p^{\frac{5}{9}-\varepsilon} \quad[20] \text { and }[13] .
\end{aligned}
$$

It is elementary that $|2 A| \leq \frac{t(t+1)}{2}$ since there are $\binom{t}{2}$ ways of adding distinct elements of $A$, and an additional $t$ ways of adding an element to itself. If $t$ is even, there are $\frac{t}{2}$ sums with $a_{1}+a_{2}=0$, and so $|2 A| \leq \frac{t(t+1)}{2}-\left(\frac{t}{2}-1\right)=\frac{t^{2}}{2}+1$. We say that the group $A$ has maximal doubling if this upper bound is attained, or if $2 A \supseteq \mathbb{Z}_{p}^{*}$, that is,

$$
|2 A|= \begin{cases}\min \left(\frac{t(t+1)}{2}, p-1\right), & \text { for odd } t \\ \min \left(\frac{t^{2}}{2}+1, p\right), & \text { for even } t\end{cases}
$$

Thus, $A$ has maximal doubling if and only if

$$
\begin{equation*}
\lambda_{A}=\min (k,\lceil t / 2\rceil) \tag{1.2}
\end{equation*}
$$

The second objective of this paper is to characterize when a subgroup $A$ has maximal doubling. To do this, for fixed $t$ we define the set of primes

$$
\begin{equation*}
\mathcal{P}_{t}:=\left\{p \in \mathcal{P}: p \equiv 1 \bmod t \text { and } p \mid R\left(f(x), \Phi_{t}(x)\right) \text { for some } f(x)\right\} \tag{1.3}
\end{equation*}
$$

where $\mathcal{P}$ is the set of primes, $\Phi_{t}(x)$ the $t$-th cyclotomic polynomial and $f(x)$ runs through all polynomials of the form $f(x)=x^{k_{1}}+x^{k_{2}}-x^{l_{1}}-x^{l_{2}}, 0 \leq k_{1}, k_{2}, l_{1}, l_{2}<t$, such that the resultant $R\left(f(x), \Phi_{t}(x)\right)$ is nonzero. In particular, $\mathcal{P}_{t}$ is a finite set. Groups $A \sim(k, t, p)$ for which $p \in \mathcal{P}_{t}$, fail to have maximal combinatorial doubling, that is, $\lambda_{A}<\lceil t / 2\rceil$; see Lemma 3.

For groups of small size, maximal doubling can be characterized as follows.
Theorem 1. Let $A \sim(k, t, p)$ be a group with $t \leq \sqrt{2(p-1)}$. Then $A$ has maximal doubling if and only if $p \notin \mathcal{P}_{t}$.

If $t>\sqrt{2(p-1)}$, then necessarily $p \in \mathcal{P}_{t}$, and maximal doubling is equivalent to the statement $2 A \supseteq \mathbb{Z}_{p}^{*}$.

A subgroup always has maximal doubling if $t$ is sufficiently large or sufficiently small relative to $p$, as the next theorem indicates.

Theorem 2. The following hold:
(i) If $A \sim(k, t, p)$ is a group with $t>p^{3 / 4}$ then $2 A \supseteq \mathbb{Z}_{p}^{*}$.
(ii) If $A \sim(k, t, p)$ is a group with $t<\log _{3} p$, then $\lambda_{A}=\lceil t / 2\rceil$.

Part (i) of the theorem can be deduced from results of Weil [22], and Hua and Vandiver [15] on the number of solutions to the equation $x^{k}+y^{k}=c$ over $\mathbb{Z}_{p}$. We provide another proof here. Most likely, the size $p^{3 / 4}$ can be substantially reduced.

Question 1.1. Does there exist an absolute constant $c_{1}$ such that if $t>c_{1} \sqrt{p \log p}$, then $2 A \supseteq \mathbb{Z}_{p}^{*}$ ?

The size $\sqrt{p \log p}$ is motivated by the comment after (1.4). We have shown that one can take $c_{1}=2$ for any group with $p<2.5 \cdot 10^{6}$, except for $A \sim(115,6532,751181)$, which requires $c_{1}=2.049$; see Table 6. In part (ii) of Theorem 2, the $\log _{3} p$ can likely be improved to $\log _{2} p$; see Conjecture 5.1.

Maximal doubling is very common for multiplicative subgroups. Even when it does not occur, it is reasonable to ask the following.

Question 1.2. Does there exist an absolute constant $c_{2}$ such that uniformly

$$
|2 A| \geq c_{2} \cdot \min \left(\frac{t^{2}}{2}, p-1\right)
$$

for any subgroup $A$ ?
Our computations have shown that for $p<2.5 \cdot 10^{6}$ we can take $c_{2}=1 / 2$ for all but six groups, the worst case requiring $c_{2}=.458$; see Table 5 . We know of no example of a group with $p>246241$ requiring a value of $c_{2}<1 / 2$.

An ideal exponential sum bound of the sort conjectured in [16], say

$$
\left|\sum_{x \in A} e_{p}(a x)\right| \leq c^{\prime} \sqrt{t \log p}
$$

for all $a$ with $p \nmid a$, where $c^{\prime}$ is a constant and $e_{p}(a x)=e^{\frac{2 \pi i a x}{p}}$, together with (9.2) and (9.5), yields the slightly weaker result

$$
\begin{equation*}
|2 A| \geq \min \left(\frac{t^{2}}{c^{\prime} \log p}, \frac{p}{2}\right) \tag{1.4}
\end{equation*}
$$

This implies in particular that $|2 A|>p / 2$ for $t>\left(c^{\prime} / 2\right)^{\frac{1}{2}} \sqrt{p \log p}$.

## 2. Solving $|2 A|=n|A|$ for a Fixed Value of $n$

We now fix a positive integer $n$, and determine the subgroups $A$ such that $\lambda_{A}=n$, that is, $|2 A|=n|A|$ or $n|A|+1$. To get our feet wet, consider the cases $n=1$ and $n=2$. It is easy to see that $\lambda_{A}=1$ if and only if $t=1,2$ or $p-1$, that is, $A=\{1\},\{1,-1\}$ or $\mathbb{Z}_{p}^{*}$. These happen to be the only subgroups that are arithmetic progressions [4]. Next, for $n=2$ we obtain

Theorem 3. Let $A$ be a multiplicative subgroup of $\mathbb{Z}_{p}^{*}$ with $p>5$. Then:
(i) $|2 A|=2|A|$ if and only if $t=3$, or $t$ is odd and $k=2$;
(ii) $|2 A|=2|A|+1$ if and only if $t=4$, or $t$ is even and $k=2$.

Let us examine the cases where $n=2$, identified by the theorem. If $k=2$, then $A$ is the group of squares $\bmod p, t=\frac{p-1}{2}$ and by the Cauchy-Davenport Theorem, $|2 A| \geq|A|+|A|-1=p-2$. Thus for $p>5,|2 A|=2 t=p-1$, if $t$ is odd; $|2 A|=2 t+1=p$, if $t$ is even. If $t=3$, say $A=\langle\omega\rangle=\left\{1, \omega, \omega^{2}\right\}$, then

$$
2 A=\left\{2,2 \omega, 2 \omega^{2}, 1+\omega, 1+\omega^{2}, \omega+\omega^{2}\right\}, \quad|2 A|=6
$$

while if $t=4$, say $A=\langle\omega\rangle=\{ \pm 1, \pm \omega\}$, then

$$
2 A=\{0, \pm 2, \pm 2 \omega, \pm(1+\omega), \pm(1-\omega)\}, \quad|2 A|=9
$$

It is routine to verify that the elements listed in the displayed sets above are distinct.
For general $n$ it is convenient to classify groups into one of three types.
Type-1 groups: $p \notin \mathcal{P}_{t}$. For such groups, we have $\lambda_{A}=\lceil t / 2\rceil$.
Type-2 groups: $p \in \mathcal{P}_{t}$ and $2 A \supseteq \mathbb{Z}_{p}^{*}$. In this case, $\lambda_{A}=k$.

Type-3 groups: $p \in \mathcal{P}_{t}$ and $2 A \nsupseteq \mathbb{Z}_{p}^{*}$. In this case, $\lambda_{A}<k$.
Type-1 and Type-2 groups have maximal doubling, while Type-3 groups do not. For Type-3 groups we define

$$
\mathcal{S}_{n}:=\left\{A: \lambda_{A}=n \text { and } A \text { does not have maximal doubling }\right\} .
$$

Here, $A$ is a subgroup of an arbitrary $\mathbb{Z}_{p}^{*}$. The following proposition is immediate.
Proposition 1. A subgroup $A \sim(k, t, p)$ has $\lambda_{A}=n$ if and only if
(i) $t=2 n$ or $2 n-1$ and $p \notin \mathcal{P}_{t}$ (Type 1),
(ii) $k=n, p \in \mathcal{P}_{t}$ and $2 A \supseteq \mathbb{Z}_{p}^{*}$ (Type 2), or
(iii) $A \in \mathcal{S}_{n}$ (Type 3).

Types 1 and 2 provide three infinite families of subgroups with $\lambda_{A}=n$. On the other hand, there are at most finitely many Type-3 groups with $\lambda_{A}=n$.

Theorem 4. For any positive integer $n, \mathcal{S}_{n}$ is a finite set. Indeed, for any $A \in \mathcal{S}_{n}$ we must have $p \in \mathcal{P}_{t}$ and either

$$
\begin{aligned}
& n+1 \leq k \leq 4 n-3 \text { and } 2 n+1 \leq t<n k^{2} /(k-n) \text {, or } \\
& 2 n+1 \leq t \leq 8 n(2 n-1)-1 .
\end{aligned}
$$

As noted above, $\mathcal{S}_{1}=\emptyset$, and Theorem 3 gives $\mathcal{S}_{2}=\emptyset$, that is, $\lambda_{A}=2$ if and only if $\lceil t / 2\rceil=2$ or $k=2(p>5)$. For $n=3,4$ we have (see Section 10)

$$
\begin{align*}
& \mathcal{S}_{3}=\{(4,7,29),(4,10,41),(5,8,41),(6,7,43)\}  \tag{2.1}\\
& \mathcal{S}_{4}=\{(5,12,61),(5,14,71),(5,20,101),(6,10,61),(12,9,109),(14,9,127)\}
\end{align*}
$$

For $5 \leq n \leq 10$ we have also, almost certainly, determined $\mathcal{S}_{n}$ (see Table 4), but the technology/run-time required to verify that the sets we found are complete is presently outside of our reach. From Proposition 1, Theorem 2 (i), and the data in Tables 1 and 2, we can now completely classify all groups with $|2 A|=3|A|, 3|A|+1$, $4|A|$ or $4|A|+1$.

Corollary 1. Let $A$ be a multiplicative subgroup of $\mathbb{Z}_{p}^{*}$ of order $t, k=(p-1) / t$ and $\lambda_{A}$ be as defined in (1.1). The following hold:
(i) $\lambda_{A}=3$ if and only if $t=5$ or 6 and $p>13$ (Type 1), $k=3$ and $p \geq 31$ (Type 2), or $A \in \mathcal{S}_{3}$ (Type 3);
(ii) $\lambda_{A}=4$ if and only if $t=7$ or 8 and $p>43$ (Type 1), $k=4$ and $p \geq 37$ (Type 2), or $A \in \mathcal{S}_{4}$ (Type 3).

## 3. Solving $|2 A| \geq n|A|$ and Arithmetic Progressions

Consider the related problem of determining all subgroups $A$ with $|2 A| \geq n|A|$ for a given positive integer $n$. If $|2 A| \geq n|A|$ then necessarily

$$
\begin{equation*}
2 n-1 \leq|A| \leq \frac{p-1}{n} \tag{3.1}
\end{equation*}
$$

that is, $t \geq 2 n-1$ and $k \geq n$, since $|2 A| \leq \min \left(\frac{t(t+1)}{2}, p\right)$. Conversely, if $A$ is a subgroup with maximal doubling, then (3.1) is sufficient for $|2 A| \geq n|A|$. Thus (3.1) is necessary and sufficient for $|2 A| \geq n|A|$ for all but a finite number of subgroups belonging to $\cup_{i=1}^{n-1} \mathcal{S}_{i}$.

Since $\mathcal{S}_{1}=\mathcal{S}_{2}=\emptyset$ we have $|2 A| \geq 3|A|$ if and only if

$$
5 \leq|A| \leq \frac{p-1}{3}
$$

An interesting consequence of this fact is the following corollary. Chowla, Mann and Straus [4] established that the only multiplicative subgroups of $\mathbb{Z}_{p}^{*}$ that are arithmetic progressions are the trivial cases where $t=1,2$ or $p-1$. Recall, an almost arithmetic progression is an arithmetic progression with one element deleted, but not itself an arithmetic progression.

Corollary 2. Let $A$ be a multiplicative subgroup of $\mathbb{Z}_{p}^{*}$ of order $t$. Then $A$ is contained in an arithmetic progression of length at most $\frac{3}{2} t$ if and only if
(i) $t=1,2$ or $p-1$, whence $A$ is an arithmetic progression; or
(ii) $(k, t, p)=(2,3,7), A=\{1,2,4\}$, whence $A$ is an almost arithmetic progression; or
(iii) $(k, t, p)=(2,6,13),(2,8,17),(3,4,13)$ or $(4,4,17)$, whence $A$ is contained in a progression of length exactly $\frac{3}{2}$ t, but not contained in any shorter length progression.

## 4. Proof of Theorem 1

Lemma 1. Let $z$ be a complex number of modulus 1 such that $z^{a}+z^{b}=z^{c}+z^{d}$ for some integers $a, b, c, d$. Then $z^{a}+z^{b}=0$ or $\left\{z^{a}, z^{b}\right\}=\left\{z^{c}, z^{d}\right\}$ (as multi-sets).

Proof. Conjugating the given equation and inserting $\bar{z}=z^{-1}$ yields $\frac{z^{a}+z^{b}}{z^{a+b}}=\frac{z^{c}+z^{d}}{z^{c+d}}$. Thus either $z^{a}+z^{b}=0$ or $z^{a+b}=z^{c+d}$. In the latter case, $\left(x-z^{a}\right)\left(x-z^{b}\right)=$ $\left(x-z^{c}\right)\left(x-z^{d}\right)$ (with $x$ an indeterminate) and so by uniqueness of factorization, $\left\{z^{a}, z^{b}\right\}=\left\{z^{c}, z^{d}\right\}$.

Let $\Phi_{t}(x)$ be the $t$-th cyclotomic polynomial, of degree $\phi(t)$, and $f(x)$ a polynomial of the form

$$
\begin{equation*}
f(x):=x^{k_{1}}+x^{k_{2}}-x^{l_{1}}-x^{l_{2}}, \quad 0 \leq k_{1}, k_{2}, l_{1}, l_{2}<t \tag{4.1}
\end{equation*}
$$

Lemma 2. Suppose that $f(x)$ is a polynomial of the type (4.1) with $\left\{k_{1}, k_{2}\right\} \neq$ $\left\{l_{1}, l_{2}\right\}$, so that $f(x)$ is not identically zero. Suppose further that for even $t$, we do not have $\left|k_{2}-k_{1}\right|=\left|l_{2}-l_{1}\right|=t / 2$. Then $\left(\Phi_{t}(x), f(x)\right)=1$.

Proof. Let $\alpha$ be a primitive $t$-th root of unity in $\mathbb{C}$. Since $\Phi_{t}(x)$ is irreducible, it suffices to show that $f(\alpha) \neq 0$. Suppose to the contrary that $f(\alpha)=0$. Then $\alpha^{k_{1}}+\alpha^{k_{2}}=\alpha^{l_{1}}+\alpha^{l_{2}}$, and so by Lemma 1, either $\left\{k_{1}, k_{2}\right\}=\left\{l_{1}, l_{2}\right\}$, or $\alpha^{k_{1}}+\alpha^{k_{2}}=$ $\alpha^{l_{1}}+\alpha^{l_{2}}=0$, whence $\alpha^{k_{1}-k_{2}}=\alpha^{l_{1}-l_{2}}=-1$. The latter implies that $t$ is even and $\left|k_{1}-k_{2}\right|=\left|l_{1}-l_{2}\right|=t / 2$.

Lemma 3. For any group $A \sim(k, t, p), \lambda_{A}=\lceil t / 2\rceil$ if and only if $p \notin \mathcal{P}_{t}$, where $\mathcal{P}_{t}$ is the set of primes in (1.3).

Proof. First note that the generators of $A$ are just the zeros of $\Phi_{t}(x)$ in $\mathbb{Z}_{p}$. Let $\omega$ be a generator of $A$ and consider solving the equation

$$
\begin{equation*}
\omega^{k_{1}}+\omega^{k_{2}}=\omega^{l_{1}}+\omega^{l_{2}} \tag{4.2}
\end{equation*}
$$

with $0 \leq k_{1}, k_{2}, l_{1}, l_{2}<t,\left\{k_{1}, k_{2}\right\} \neq\left\{l_{1}, l_{2}\right\}$. If $t$ is even, we have a trivial class of solutions

$$
\omega^{k_{1}}+\omega^{k_{1}+t / 2}=\omega^{l_{1}}+\omega^{l_{1}+t / 2}=0
$$

Otherwise, with $f(x):=x^{k_{1}}+x^{k_{2}}-x^{l_{1}}-x^{l_{2}}$, we have $\left(f(x), \Phi_{t}(x)\right)=1$ by Lemma 2 , and so the resultant $R=R\left(f, \Phi_{t}\right)$ is a nonzero integer. If $\omega$ is a solution of (4.2), that is, a zero of $f \bmod p$, then $\omega$ is a common zero of $f$ and $\Phi_{t} \bmod p$, and so $R=0$ in the field $\mathbb{Z}_{p}$, that is, $p \mid R$. In particular, if $p \nmid R\left(f, \Phi_{t}\right)$ for all such $f(x)$, then all of the distinct looking sums $\omega^{k_{1}}+\omega^{k_{2}}$ actually give distinct values $\bmod p$, with the exception of the sums equalling 0 with $k_{1}=k_{2} \pm \frac{t}{2}$. Thus, if $p \notin \mathcal{P}_{t}$, then $\lambda_{A}=\lceil t / 2\rceil$.

Conversely, if $\lambda_{A}=\lceil t / 2\rceil$, then (4.2) can only have trivial solutions for any generator $\omega$ of $A$. Thus, for any $f(x)=x^{k_{1}}+x^{k_{2}}-x^{l_{1}}-x^{l_{2}}$, with $R\left(f, \Phi_{t}\right) \neq 0$ in $\mathbb{Z}$, we must also have $R\left(f, \Phi_{t}\right) \neq 0$ in $\mathbb{Z}_{p}$. Therefore, $p \notin \mathcal{P}_{t}$.

Proof of Theorem 1. Suppose that $A \sim(k, t, p)$ is a group with $t \leq \sqrt{2(p-1)}$. Then $\frac{t}{2} \leq k$, that is, $\lceil t / 2\rceil \leq k$, and so by (1.2) $A$ has maximal doubling if and only if $\lambda_{A}=\lceil t / 2\rceil$. By Lemma 3, such is the case if and only if $p \notin \mathcal{P}_{t}$.

## 5. Proof of Theorem 2

Let $\mathcal{P}_{t}$ be the set of primes in (1.3) and put

$$
P_{t}=\max \left\{p: p \in \mathcal{P}_{t}\right\}
$$

For $t=1,2,3, \mathcal{P}_{t}=\emptyset$, and so $P_{t}$ is undefined. We can estimate $P_{t}$ by bounding $\left|R\left(f, \Phi_{t}\right)\right|$ where $f$ is any polynomial of the type (4.1). Since $\Phi_{t}(x)=\prod_{(i, t)=1}(x-$ $\alpha^{i}$ ), where $\alpha$ is a primitive $t$-th root of unity, we have

$$
R:=R\left(f, \Phi_{t}\right)=\prod_{\substack{i=1 \\(i, t)=1}}^{t} f\left(\alpha^{i}\right)=\prod_{\substack{i=1 \\(i, t)=1}}^{t}\left(\alpha^{i k_{1}}+\alpha^{i k_{2}}-\alpha^{i l_{1}}-\alpha^{i l_{2}}\right)
$$

and so trivially $|R| \leq 4^{\phi(t)}$. The next lemma sharpens this estimate.
Lemma 4. Let $t$ be a positive integer with $t \geq 4$.
(i) If $t$ is odd then $P_{t}<3^{\phi(t)}$.
(ii) If $t$ is even then $P_{t} \leq \frac{3^{\phi(t)+1}-1}{2}$, with equality if $t=2 q$ for some prime $q$ such that $\frac{3^{q}-1}{2}$ is a prime.
The case of equality in part (ii) is easy to see. If $t=2 q$ with $q$ a prime, $p=\frac{3^{q}-1}{2}$ and $A$ is the group of $t$-th powers in $\mathbb{Z}_{p}^{*}$, then $1,-1$ and $3 \in A$ and we have the nontrivial collision $3+(-1)=1+1$, meaning $p \in \mathcal{P}_{t}$. The first few cases of equality occur when $q=7,13,71$ and 103. We believe that the upper bound for odd $t$ can be improved.
Conjecture 5.1. For all $t \geq 4$ we have $P_{t} \leq\left(2^{t}+1\right) / 3$, with equality if and only if $t$ is an odd prime and $\left(2^{t}+1\right) / 3$ is a prime.
For even $t \geq 10$, the upper bound on $P_{t}$ in Lemma 4 (ii) is stronger than the bound in the conjecture. Again, the case of equality in the conjecture is easy to see. If $t$ is an odd prime, $p=\left(2^{t}+1\right) / 3$ and $A$ is the group of $t$-th powers, then $1,-2,4 \in A$, and we have the nontrivial collision $4+(-2)=1+1$, meaning $p \in \mathcal{P}_{t}$; see also Example 6.1. Conversely, if $P_{t}=\left(2^{t}+1\right) / 3$, then $\left(2^{t}+1\right) / 3$ is a prime, and this implies in turn that $t$ is an odd prime. We have verified the conjecture on a computer for $t \leq 223$.

Proof of Theorem 2. Part (i) actually requires Lemma 6, proven later, but we will include it here for convenience. By (9.1), if

$$
t \geq\left((p-1-t)(p-1)^{2}\right)^{1 / 4}
$$

then $2 A \supseteq \mathbb{Z}_{p}^{*}$. This is slightly stronger than the statement in part (i). Part (ii) is immediate from Lemma 4. Indeed, if $t<\log _{3} p$, then $p>3^{t}>\frac{3}{2} 3^{\phi(t)}$. Therefore $p \notin \mathcal{P}_{t}$, and so $A$ has maximal doubling, that is, $\lambda_{A}=\left\lceil\frac{t}{2}\right\rceil$.

Proof of Lemma 4. To establish the upper bounds in parts (i) and (ii), we must show that any prime factor $p$ of a nonzero resultant of the form $R\left(f, \Phi_{t}\right)$, with $f$ as in (4.1), is bounded above by $3^{\phi(t)}$ for odd $t>3, \frac{3}{2} 3^{\phi(t)}$ for even $t>2$. Equivalently, if (4.2) has a nontrivial solution, then $p$ is bounded as such. The trivial solutions to (4.2) are $\left\{k_{1}, k_{2}\right\}=\left\{l_{1}, l_{2}\right\}$, and in the case $t$ is even, $\left|k_{1}-k_{2}\right|=\left|l_{1}-l_{2}\right|=t / 2$. For a nontrivial solution, either $k_{1} \neq k_{2}$ or $l_{1} \neq l_{2}$, say without loss of generality that $k_{1}<k_{2}$. Dividing by $\omega^{k_{1}}$ yields a nontrivial solution to (4.2) of the type

$$
\begin{equation*}
1+\omega^{d}=\omega^{a}+\omega^{b} \tag{5.1}
\end{equation*}
$$

for some integers $a, b, d$ with $1 \leq d<t, d \neq t / 2,0<a \leq b<t$, and $a, b \neq d$. Replacing $\omega$ with $\omega^{i}$, for an appropriate $i$ with $(i, t)=1$, we may assume that $d \mid t$. Thus we may assume

$$
\begin{equation*}
d|t, \quad d<t / 2, \quad 0<a \leq b<t, \quad| a-b \mid \neq t / 2, \quad a \neq d, b \neq d \tag{5.2}
\end{equation*}
$$

Suppose now that $(a, b, d)$ is a triple satisfying (5.2), for which (5.1) holds true, and consider the following cases.
(i) If $a=b=t / 2$, (5.1) becomes $-3=\omega^{d}$, which implies that $\operatorname{ord}_{p}(-3)=t / d$, and thus $p \mid \Phi_{t / d}(-3)$.
(ii) If $a=t / 2$ and $b \neq t / 2$ or vice versa, then (5.1) becomes

$$
\begin{equation*}
2=\omega^{b}-\omega^{d}, \quad d|t, \quad d<t / 2, \quad b \neq t / 2, \quad b \neq d, \quad| d-b \mid \neq t / 2 \tag{5.3}
\end{equation*}
$$

We may restrict our attention to the case where $(b, d)=1$. Indeed, if $(b, d)=e>1$ then (5.3) represents a nontrivial collision for elements of a subgroup of $A$ of order $t / e$, and so we can appeal to the bound on $p$ for groups of size $t / e$. Set $f(x):=$ $x^{b}-x^{d}-2$. Then,

$$
\begin{equation*}
f\left(\alpha^{i}\right) f\left(\alpha^{-i}\right)=6+2 \alpha^{d i}+2 \alpha^{-d i}-2 \alpha^{b i}-2 \alpha^{-b i}-\alpha^{(b-d) i}-\alpha^{(d-b) i} \tag{5.4}
\end{equation*}
$$

By the arithmetic-geometric mean inequality,

$$
\begin{equation*}
R^{2}=\prod_{(i, t)=1} f\left(\alpha^{i}\right) f\left(\alpha^{-i}\right) \leq\left(\frac{1}{\phi(t)} \sum_{(i, t)=1} f\left(\alpha^{i}\right) f\left(\alpha^{-i}\right)\right)^{\phi(t)} \tag{5.5}
\end{equation*}
$$

Using the Ramanujan sum formula,

$$
\frac{1}{\phi(t)} \sum_{(i, t)=1} \alpha^{a i}=\frac{\mu(t /(t, a))}{\phi(t /(t, a))}
$$

we get from (5.4),

$$
\frac{1}{\phi(t)} \sum_{(i, t)=1} f\left(\alpha^{i}\right) f\left(\alpha^{-i}\right)=\Sigma_{1}:=6+4 \frac{\mu(t / d)}{\phi(t / d)}-4 \frac{\mu(t /(t, b))}{\phi(t /(t, b))}-2 \frac{\mu(t /(t, d-b))}{\phi(t /(t, d-b))}
$$

We claim that for $t \neq 30, \Sigma_{1} \leq 9$, whence we conclude from (5.5), that $R \leq 3^{\phi(t)}$ as desired. For $t=30$, we can have $\Sigma_{1}=9.25$, for example when $(d, b)=(3,10)$, but one can check numerically that the prime factors of $R$ never exceed $3^{\phi(t)}$.

To prove the claim, we begin with a computer computation verifying the claim for $t \leq 72$. Henceforth, we assume that $t>72$. By the constraint in (5.3), all three values $\frac{t}{d}, \frac{t}{(t, b)}, \frac{t}{(t, d-b)}$ are at least 3 . Furthermore, since $(b, d)=1$, the values $d,(t, b)$ and $(t, d-b)$ are pairwise relatively prime, implying that $d(t, b)(t, d-b) \mid t$. In particular,

$$
\begin{equation*}
d(t, b)(t, d-b) \leq t \tag{5.6}
\end{equation*}
$$

If $t /(t, b)=3$ then by (5.6) and $t>72$,

$$
t /(t, d-b) \geq(t, b)=t / 3>24, \quad \text { and } \quad t / d \geq(t, b)>24
$$

and thus since $\phi(n) \geq 8$ for $n>24, \Sigma_{1} \leq 6+\frac{1}{2}+2+\frac{1}{4}=8.75$. If $t /(t, d-b)=3$ then in the same manner $t /(t, b)>24, t / d>24$, and $\Sigma_{1} \leq 6+\frac{1}{2}+\frac{1}{2}+1=8$. If $t /(t, b)=4$, then $t / d, t /(t, d-b) \geq(t, b)=t / 4>18$ and since $\phi(n) \geq 8$ for $n>18$, $\Sigma_{1} \leq 6+\frac{1}{2}+0+\frac{1}{4}=6.75$. Similarly, if $t /(t, d-b)=4$, then $\Sigma_{1} \leq 6+\frac{1}{2}+\frac{1}{2}=7$. If $t /(t, b)=5$, then $t / d>14$ and $t /(t, d-b)>14$ whence their totient values are at least 6 , and $\Sigma_{1} \leq 6+\frac{2}{3}+1+\frac{1}{3}=8$, while if $t /(t, d-b)=5$, then $t / d>14$, $t /(t, b)>14$ and $\Sigma_{1} \leq 6+\frac{2}{3}+\frac{2}{3}+\frac{1}{2}<7.84$.

We are left with considering the case where both $t /(t, b) \geq 6$ and $t /(t, d-b) \geq 6$. Since $-\frac{\mu(n)}{\phi(n)} \leq \frac{1}{6}$ for $n \geq 6$, we get $\Sigma_{1} \leq 6+2+\frac{2}{3}+\frac{1}{3}=9$, establishing the claim.
(iii) Suppose next that we have (5.1) with $a-d= \pm t / 2$, so that it becomes $1+\omega^{d}=$ $-\omega^{d}+\omega^{b}$, or $2=\omega^{b-d}-\omega^{-d}$, an equation of the type already considered in case (ii), upon replacing $\omega$ with $\omega^{-1}$.
(iv) Suppose finally that we have (5.1) with

$$
\begin{equation*}
d|t, \quad d<t / 2, \quad 0<a \leq b<t, \quad a, b \notin\{d, t / 2\}, \quad| a-d \mid \neq t / 2 \tag{5.7}
\end{equation*}
$$

Let $f(x)=1+x^{d}-x^{a}-x^{b}$, with $a, b$ and $d$ satisfying (5.7). As in case (ii) we obtain

$$
\begin{aligned}
\frac{1}{\phi(t)} \sum_{(i, t)=1} f\left(\alpha^{i}\right) f\left(\alpha^{-i}\right) & =4+2 \frac{\mu(t / d)}{\phi(t / d)}+2 \frac{\mu(t /(t, a-b))}{\phi(t /(t, a-b))}-2 \frac{\mu(t /(t, a))}{\phi(t /(t, a))} \\
& -2 \frac{\mu(t /(t, a-d))}{\phi(t /(t, a-d))}-2 \frac{\mu(t /(t, b))}{\phi(t /(t, b))}-2 \frac{\mu(t /(t, b-d))}{\phi(t /(t, b-d))}
\end{aligned}
$$

Plainly, the maximum possible value of the third term $2 \frac{\mu(t /(t, a-b))}{\phi(t /(t, a-b))}$ occurs when $a=b$. Thus by replacing $a$ with $b$ in the case where

$$
-2 \frac{\mu(t /(t, a))}{\phi(t /(t, a))}-2 \frac{\mu(t /(t, a-d))}{\phi(t /(t, a-d))}<-2 \frac{\mu(t /(t, b))}{\phi(t /(t, b))}-2 \frac{\mu(t /(t, b-d))}{\phi(t /(t, b-d))}
$$

or $b$ with $a$ in the opposite case, we obtain a larger value for the sum. Hence, we may assume that $a=b$ in determining an upper bound, whence the sum simplifies to

$$
\frac{1}{\phi(t)} \sum_{(i, t)=1} f\left(\alpha^{i}\right) f\left(\alpha^{-i}\right)=\Sigma_{2}:=6+2 \frac{\mu(t / d)}{\phi(t / d)}-4 \frac{\mu(t /(t, b))}{\phi(t /(t, b))}-4 \frac{\mu(t /(t, d-b))}{\phi(t /(t, d-b))}
$$

Again, by (5.7), $\frac{t}{d}, \frac{t}{(t, b)}, \frac{t}{(t, d-b)}$ are all at least 3 , and we may assume that $(d, b)=$ 1 so that (5.6) holds. We claim that for $t \neq 15, \Sigma_{2} \leq 9$. For $t=15, \Sigma_{2}$ can be as large as 9.25 , for example when $(d, b)=(1,6)$, but its prime divisors are all less than $3^{\phi(t)}$.

The proof of the claim follows the argument of case (ii). A computer is used to verify the claim for $t \leq 72$. Assume now that $t>72$. If $t /(t, b)=3$ or $t /(t, d-b)=3$ then the other two ratios exceed 24 and we get $\Sigma_{2} \leq 6+\frac{1}{4}+2+\frac{1}{2}=8.75$. If $t /(t, b)=4$ or $t /(t, d-b)=4$, then the other two ratios exceed 18 and $\Sigma_{2} \leq$ $6+\frac{1}{4}+0+\frac{1}{2}=6.75$. If $t /(t, b)=5$ or $t /(t, d-b)=5$, then the other two ratios exceed 14 and $\Sigma_{2} \leq 6+\frac{1}{3}+1+\frac{2}{3}=8$. Finally, if both $t /(t, b) \geq 6$ and $t /(t, d-b) \geq 6$, then using $-\frac{\mu(n)}{\phi(n)} \leq \frac{1}{6}$ for $n \geq 6, \Sigma_{2} \leq 6+1+\frac{2}{3}+\frac{2}{3}<8.34$, establishing the claim.

For odd $t$, only case (iv) can hold, and we get $P_{t} \leq R \leq 3^{\phi(t)}$ establishing part (i) of the lemma. For even $t$ we conclude that either $P_{t} \leq \Phi_{t / d}(-3)$ for some divisor $d \mid t$, or $P_{t} \leq R \leq 3^{\phi(t)}$. The upper bound in part (ii) now follows from the upper bound on $\Phi_{t}(-3)$ in Lemma 12.

## 6. Examples of Resultants

Example 6.1. Let $t>2$ and $f(x)=1+x-2 x^{2}=(1-x)(1+2 x)$. Then

$$
\begin{aligned}
R\left(f, \Phi_{t}\right) & =\prod_{(i, t)=1}\left(1-\alpha^{i}\right)\left(1+2 \alpha^{i}\right) \\
& =\prod_{(i, t)=1}\left(1-\alpha^{i}\right)\left(-\alpha^{i}\right)\left(-2-\alpha^{-i}\right)=\Phi_{t}(1) \Phi_{t}(0) \Phi_{t}(-2)
\end{aligned}
$$

Now $\Phi_{t}(0)=1$,

$$
\Phi_{t}(1)= \begin{cases}q, & \text { if } t=q^{l} \text { for some prime } q \\ 1, & \text { if } t \text { is not a prime power }\end{cases}
$$

Thus for any prime $p \equiv 1 \bmod t, p \mid R$ if and only if $p \mid \Phi_{t}(-2)$. In this case, $-2,4 \in A$, and we have the nontrivial collision $1+1=-2+4$ of elements in $A$. By the upper bound on $\Phi_{t}(-2)$ in Lemma 12,

$$
p \leq \begin{cases}\frac{3}{2} 2^{\phi(t)}, & \text { if } t \text { is odd } \\ 2^{\phi(t)+1}, & \text { if } t \text { is even }\end{cases}
$$

If $\Phi_{t}(-2)$ is itself a prime $p$ with $p \equiv 1 \bmod t$, then $P_{t} \geq \Phi_{t}(-2)$. If $t$ is a prime, then $\Phi_{t}(-2)=\frac{2^{t}+1}{3}$, the value in Conjecture 5.1. The first few such $(t, p)$ prime pairs are

$$
\begin{aligned}
(t, p)= & (3,3),(5,11),(7,43),(11,683),(13,2731),(17,43691) \\
& (19,174763),(23,2796203),(31,715827883)
\end{aligned}
$$

In each case, $p=P_{t}$; see Table 1.
Example 6.2. Suppose that $t=3 q$, with $q$ a prime, $q \equiv 1 \bmod 3$, $f(x)=1+x-2 x^{q}$. Put $\alpha=e^{2 \pi i / t}, \alpha_{3}=\alpha^{q}=-\frac{1}{2}+\frac{\sqrt{3}}{2} i$. Then

$$
\begin{aligned}
R & =R\left(f, \Phi_{t}\right)=\prod_{(j, t)=1}\left(1+\alpha^{j}-2 \alpha^{q j}\right) \\
& =\prod_{\substack{(j, t)=1 \\
j \equiv 1 \\
(\bmod 3)}}\left(1-2 \alpha_{3}+\alpha^{j}\right) \prod_{\substack{(j, t)=1 \\
j \equiv 2,(\bmod 3)}}\left(1-2 \overline{\alpha_{3}}+\alpha^{j}\right) .
\end{aligned}
$$

Plainly, the two products have the same absolute value. Setting

$$
P(x):=\frac{x^{q}-\alpha_{3}}{x-\alpha_{3}}=\prod_{\substack{(j, t)=1 \\ j \equiv 1 \\(\bmod 3)}}\left(x-\alpha^{j}\right),
$$

we see that with $z=-2+\sqrt{3} i$,

$$
\begin{aligned}
|R| & =\prod_{\substack{(j, t)=1 \\
j \equiv j_{(\bmod 3)}}}\left|1-2 \alpha_{3}+\alpha^{j}\right|^{2}=\left|P\left(-1+2 \alpha_{3}\right)\right|^{2}=|P(-2+\sqrt{3} i)|^{2} \\
& =\frac{\left|z^{q}-\alpha_{3}\right|^{2}}{\left|z-\alpha_{3}\right|^{2}}=\frac{7^{q}-2 \mathcal{R}\left(\bar{\alpha}_{3} z^{q}\right)+1}{\left|-\frac{3}{2}-\frac{\sqrt{3}}{2} i\right|^{2}}=\frac{7^{q}-2 \mathcal{R}\left(\bar{\alpha}_{3} z^{q}\right)+1}{3} \approx \frac{7}{3} 7^{\phi(t) / 2}
\end{aligned}
$$

## 7. Computing $|2 A|$

Lemma 5. If $A=\langle\omega\rangle$ is a subgroup of $\mathbb{Z}_{p}^{*}$ of order $t$, then

$$
\begin{aligned}
& A+A=\bigcup_{i=0}^{\frac{t-1}{2}}\left(1+\omega^{i}\right) A, \quad \text { for odd } t ; \\
& A+A=\bigcup_{i=0}^{\frac{t}{2}-1}\left(1+\omega^{i}\right) A \cup\{0\}, \quad \text { for even } t .
\end{aligned}
$$

Note, the $i=0$ term in the union is the coset $(1+1) A$, not to be confused with the sum set $2 A$. The cosets listed in this decomposition are all nonzero, that is, $1+\omega^{i} \neq 0$, but they need not be distinct. If the cosets are distinct, then $A$ has maximal doubling.

Proof. Let $\omega^{j}+\omega^{l}$, with $0 \leq j \leq l<t$, be a typical element of $A+A$. Then, with $i=l-j$,

$$
\omega^{j}+\omega^{l}=\omega^{j}\left(1+\omega^{i}\right) \in\left(1+\omega^{i}\right) A
$$

If $i>t / 2$ we can replace $i$ with $t-i$, noting that $\left(1+\omega^{i}\right) A=\left(1+\omega^{t-i}\right) A$. The lemma now follows from the fact that $0 \in A+A$ if and only if $t$ is even.

To compute $|2 A|$, let $\eta: \mathbb{Z}_{p}^{*} / A \rightarrow \mathbb{Z}_{p}^{*}$ be the mapping $\eta(x A)=x^{t}$. Since $\eta$ is one-to-one, it follows from Lemma 5 that

$$
\begin{equation*}
\lambda_{A}=\#\left\{\left(1+\omega^{i}\right)^{t}: 0 \leq i \leq\left\lfloor\frac{t-1}{2}\right\rfloor\right\} \tag{7.1}
\end{equation*}
$$

where $\omega$ is any generator of $A$.

## 8. Data for Small Values of $t$ and $p$

Computers were used to generate data for all groups with $p<2.5 \cdot 10^{6}$ and for all groups with $t \leq 223$. Only partial data is displayed here due to the excessive length of the full data set. The value 223 was chosen as the stopping point for $t$ in order to prove that our determination of $\mathcal{S}_{4}$ was complete. Recall the definition of Type-1, Type-2 and Type-3 groups given in Section 2.

### 8.1. Table 1

For a fixed $t$, we computed all possible resultants $R\left(f(x), \Phi_{t}(x)\right)$, where $f(x)=$ $1+x^{d}-x^{a}-x^{b}$, with $d \mid t$, and $1 \leq a \leq b<t$; see (5.2). For each nonzero resultant, we determined the prime divisors $p$ with $p \equiv 1 \bmod t$, thus forming the set $\mathcal{P}_{t}$. The primes are listed in Table 1 for $4 \leq t \leq 18$. The extended table (not displayed) gives $\mathcal{P}_{t}$ for $4 \leq t \leq 223$.

### 8.2. Table 2

For each $p \in \mathcal{P}_{t}$ and subgroup $A$ of $\mathbb{Z}_{p}^{*}$ of order $t$, we computed $\lambda_{A}$ using (7.1). Table 2 provides a list of all such $\lambda_{A}$, for groups with $k>2$. Parentheses have been placed around primes for which $2 A \supseteq \mathbb{Z}_{p}^{*}$, that is, $\lambda_{A}=k$ (Type- 2 group). The extended table gives all $\lambda_{A}$ values for groups with $t \leq 223$.

### 8.3. Table 3

Table 3 gives all possible values of $\lambda_{A}$ for a fixed $t$ for Type-1, Type- 2 and Type- 3 groups respectively. Recall, Type-1 means $\lambda_{A}=\lceil t / 2\rceil$, Type- 2 means $\lambda_{A}=k$, $p \in \mathcal{P}_{t}$, and Type-3 means $\lambda_{A}<k, p \in \mathcal{P}_{t}$.

| $t$ | $\mathcal{P}_{t}$ |
| :--- | :--- |
| 2 | $\emptyset$ |
| 3 | $\emptyset$ |
| 4 | 5 |
| 5 | 11 |
| 6 | 7,13 |
| 7 | 29,43 |
| 8 | 17,41 |
| 9 | $19,37,109,127$ |
| 10 | $11,31,41,61$ |
| 11 | $23,67,89,199,397,683$ |
| 12 | $13,37,61,73$ |
| 13 | $53,79,131,157,313,521,1613,2003,2731$ |
| 14 | $29,43,71,113,127,239,547,1093$ |
| 15 | $31,61,151,181,211,241,271,331,421,541,1321,1381$ |
| 16 | $17,97,113,193,257,337$ |
| 17 | $103,137,239,307,409,443,613,647,919,953,1021,1429,2857,3571$, |
|  | $15641,17783,25229,26317,43691$ |
| 18 | $19,37,73,109,127,163,199,307,757$ |

Table 1: $\mathcal{P}_{t}$ sets for $t \leq 18$

| $t$ | $p$ | $\|2 A\|$ |
| :--- | :--- | :--- |
| 5 | none |  |
| 6 | none | $3\|A\|$ |
| 7 | 29,43 | $3\|A\|+1$ |
| 8 | 41 | $4\|A\|$ |
| 9 | $(37), 109,127$ | $3\|A\|+1$ |
| 10 | $(31), 41$ | $4\|A\|+1$ |
| 10 | 61 | $5\|A\|$ |
| 11 | $67,89,199,397,683$ | $3\|A\|+1$ |
| 12 | $(37)$ | $4\|A\|+1$ |
| 12 | 61 | $5\|A\|+1$ |
| 12 | 73 | $4\|A\|$ |
| 13 | $(53)$ | $5\|A\|$ |
| 13 | 79 | $6\|A\|$ |
| 13 | $131,157,313,521,1613,2003,2731$ | $3\|A\|+1$ |
| 14 | $(43)$ | $4\|A\|+1$ |
| 14 | 71 | $5\|A\|+1$ |
| 14 | $113,127,239$ | $6\|A\|+1$ |
| 14 | 547,1093 | $4\|A\|$ |
| 15 | $(61)$ | $6\|A\|$ |
| 15 | $181,211,331$ | $7\|A\|$ |
| 15 | $151,241,271,421,541,751,1321,1381$ | $5\|A\|+1$ |
| 16 | 97,113 | $6\|A\|+1$ |
| 16 | 257,337 | $7\|A\|+1$ |
| 16 | 193 |  |

Table 2: Doubling constants for Type-2 and Type-3 groups, $k>2$

| $t$ | Type- $1 \lambda_{A}$ | Type- $2 \lambda_{A}$ | Type-3 $\lambda_{A}$ |
| :--- | :--- | :--- | :--- |
| 2 | 1 | - | - |
| 3 | 2 | - | - |
| 4 | 2 | 1 | - |
| 5 | 3 | 2 | - |
| 6 | 3 | 1,2 | - |
| 7 | 4 | - | 3 |
| 8 | 4 | 2 | 3 |
| 9 | 5 | 2,4 | 4 |
| 10 | 5 | 1,3 | 3,4 |
| 11 | 6 | 2 | 5 |
| 12 | 6 | 1,3 | 4,5 |
| 13 | 7 | 4 | 5,6 |
| 14 | 7 | 2,3 | $4-6$ |
| 15 | 8 | 2,4 | 6,7 |
| 16 | 8 | 1 | $5-7$ |
| 17 | 9 | 6 | $5-8$ |
| 18 | 9 | $1,2,4$ | $5-8$ |
| 19 | 10 | - | $6-9$ |
| 20 | 10 | 2,3 | $4,7-9$ |
| 21 | 11 | 2,6 | $8,9,10$ |
| 22 | 11 | $1,3,4$ | $6-10$ |
| 23 | 12 | 2 | $5,8-11$ |
| 24 | 12 | $3,4,8$ | $7,9-11$ |
| 25 | 13 | 4,6 | $8-12$ |
| 26 | 13 | $2,3,5$ | $5,8-12$ |
| 27 | 14 | 4,6 | $9,11-13$ |
| 28 | 14 | $1,4,7$ | $8-13$ |
| 29 | 15 | 2 | $7,9,11-14$ |
| 30 | 15 | $1,2,5-8$ | $7,10-14$ |
| 31 | 16 | - | $8,9,12-15$ |
| 32 | 16 | 3,6 | $7,9,11-15$ |
| 33 | 17 | 2,6 | $8,10,11,13-16$ |
| 34 | 17 | $3,4,7$ | $8,10,12-16$ |
| 35 | 18 | $2,6,8$ | $10,12,14-17$ |
| 36 | 18 | $1-3,5,11$ | $10,11,13-17$ |
| 37 | 19 | 4 | $5,13,15-18$ |
| 38 | 19 | 5,6 | $10-12,14-18$ |
| 39 | 20 | $2,4,8$ | $11,14-19$ |
| 40 | 20 | $1,6,7$ | $8,10-15,17-19$ |
| 41 | 21 | 2 | $14,16,18-20$ |
| 42 | 21 | $1,3,5,9$ | $7,9,10-14,16-20$ |
| 43 | 22 | 4 | $8,15-21$ |
| 44 | 22 | $2,8,9$ | $12,13,15-21$ |
| 45 | 23 | 4,6 | $11,14,16-22$ |
| 46 | 23 | 1,3 | $5,9,10,13,14,16-22$ |
| 47 | 24 | 6 | $12,14,16-23$ |

Table 3: Possible values of $\lambda_{A}$ for given $t$

| $n$ | $\left\|\mathcal{S}_{n}\right\|$ | $k$-range | $t$-range | $p$-range |
| :--- | :--- | :--- | :--- | :--- |
| 2 | 0 | - | - | - |
| 3 | 4 | $4-6$ | $7-10$ | $29-43$ |
| 4 | 6 | $5-14$ | $9-20$ | $61-127$ |
| 5 | 18 | $6-62$ | $11-46$ | $67-683$ |
| 6 | 19 | $7-210$ | $13-70$ | $127-2731$ |
| 7 | 27 | $8-92$ | $15-95$ | $151-1381$ |
| 8 | 40 | $9-2570$ | $17-64$ | $211-43691$ |
| 9 | 56 | $10-9198$ | $19-118$ | $271-174763$ |
| 10 | 61 | $11-4358$ | $21-128$ | $331-91309$ |

Table 4: Description of $\mathcal{S}_{n}$ sets

### 8.4. Table 4

Recall, $\mathcal{S}_{n}$ is the set of all Type-3 groups having $\lambda_{A}=n$. In Table 4 we describe the sets $\mathcal{S}_{n}$ for $n \leq 10$. For $n=2,3$ and 4 , the sets are given explicitly in (2.1), and we prove that these are the full sets in Section 10. For $5 \leq n \leq 10$, we have determined what we believe to be the full set based on computations up to $p=2.5 \cdot 10^{6}$. In Table 4 we just display the cardinality of each of the sets, as well as the range of $k$, $t$ and $p$ values for the groups in the set.

Conjecture 8.1. For $n \leq 10$ there are no elements of $\mathcal{S}_{n}$ with $p>174763$.

### 8.5. Table 5

Next, we seek an optimal constant $c$ such that uniformly

$$
\begin{equation*}
\lambda_{A} \geq c \cdot \min (\lceil t / 2\rceil, k) \tag{8.1}
\end{equation*}
$$

To do this, we define for any group $A$, the value

$$
C_{A}:=\max \left(\frac{\lambda_{A}}{\lceil t / 2\rceil}, \frac{\lambda_{A}}{k}\right),
$$

so that

$$
\lambda_{A}=C_{A} \min (\lceil t / 2\rceil, k),
$$

and

$$
|2 A| \geq C_{A} \min \left(\frac{|A|^{2}}{2}, p-1\right)
$$

For groups with maximal doubling, $C_{A}=1$. In general, $C_{A}$ represents the fraction of maximum possible doubling for the group $A$.

Table 5 contains a list of all groups $A$ with $p<2.5 \cdot 10^{6}$ having $C_{A} \leq .5$, as well as groups with $p<3361$ having record breaking small values of $C_{A}$. The values

| $p$ | $k$ | $t$ | $\lambda_{A}$ | $\lambda_{A} /\lceil t / 2\rceil$ | $\lambda_{A} / k$ | $C_{A}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 29 | 4 | 7 | 3 | $3 / 4$ | $3 / 4$ | .750 |
| 113 | 7 | 16 | 5 | $5 / 8$ | $5 / 7$ | .714 |
| 113 | 8 | 14 | 5 | $5 / 7$ | $5 / 8$ | .714 |
| 137 | 8 | 17 | 5 | $5 / 9$ | $5 / 8$ | .625 |
| 229 | 12 | 19 | 6 | $3 / 5$ | $1 / 2$ | .600 |
| 577 | 18 | 32 | 9 | $9 / 16$ | $1 / 2$ | .562 |
| 757 | 21 | 36 | 10 | $5 / 9$ | $10 / 21$ | .555 |
| 1151 | 23 | 50 | 12 | $12 / 25$ | $12 / 23$ | .521 |
| 3361 | 40 | 84 | 20 | $10 / 21$ | $1 / 2$ | .500 |
| 3511 | 39 | 90 | 19 | $19 / 45$ | $19 / 39$ | .487 |
| 4051 | 45 | 90 | 22 | $22 / 45$ | $22 / 45$ | .488 |
| 5857 | 61 | 96 | 22 | $11 / 24$ | $22 / 61$ | .458 |
| 10303 | 101 | 102 | 25 | $25 / 51$ | $25 / 101$ | .490 |
| 12301 | 82 | 150 | 35 | $7 / 15$ | $35 / 82$ | .466 |
| 16111 | 90 | 179 | 45 | $1 / 2$ | $1 / 2$ | .500 |
| 246241 | 456 | 540 | 125 | $25 / 54$ | $125 / 456$ | .462 |

Table 5: Minimal values of $C_{A}$.
of $C_{A}$ have been rounded down to three places. Thus for all groups in this range, we can take $c=.458$ in (8.1), and for all but six groups we can take $c=1 / 2$. In particular, for all but these six groups we have

$$
|2 A| \geq \frac{1}{2} \cdot \min \left(\frac{|A|^{2}}{2}, p-1\right)
$$

### 8.6. Table 6

Finally we determine the largest subgroup $A$ of $\mathbb{Z}_{p}^{*}$ such that $2 A$ fails to contain $\mathbb{Z}_{p}^{*}$. If $t<\sqrt{2(p-1)}$ then we are guaranteed that $2 A \nsupseteq \mathbb{Z}_{p}^{*}$. Also, by Theorem 2 , if $t>p^{3 / 4}$ then $2 A \supseteq \mathbb{Z}_{p}^{*}$. Thus, it is enough to consider groups of size $\sqrt{2(p-1)} \leq$ $t \leq p^{3 / 4}$. For each prime $p$ we determined the maximal $t$, denoted $t_{\max }$, such that $2 A \nsupseteq \mathbb{Z}_{p}^{*}$. In Table 6 we list all $p$ and $t_{\max }$ such that the ratio

$$
r_{\max }:=\frac{t_{\max }}{\sqrt{p \log p}}
$$

is greater than 1.7, with $p$ running from 2 to $2.5 \cdot 10^{6}$. The ratio was rounded up to three decimal places. Thus, for instance, for any subgroup $A$ with $p<2.5 \cdot 10^{6}$ we have $2 A \supseteq \mathbb{Z}_{p}^{*}$ provided that

$$
|A|>1.89 \sqrt{p \log p}
$$

| $p$ | $t_{\max }$ | $k$ | $\lambda_{A}$ | $r_{\max }$ |
| :--- | :--- | :--- | :--- | :--- |
| 10781 | 539 | 20 | 19 | 1.704 |
| 29581 | 986 | 30 | 29 | 1.787 |
| 33791 | 1090 | 31 | 30 | 1.837 |
| 93809 | 1804 | 52 | 51 | 1.741 |
| 171673 | 2488 | 69 | 68 | 1.730 |
| 240007 | 3077 | 78 | 77 | 1.785 |
| 450077 | 4246 | 106 | 105 | 1.755 |
| 461801 | 4618 | 100 | 99 | 1.882 |
| 473971 | 4270 | 111 | 110 | 1.716 |
| 751181 | 6532 | 115 | 114 | 2.049 |
| 931537 | 6469 | 144 | 143 | 1.808 |
| 942049 | 6542 | 144 | 143 | 1.818 |
| 962921 | 6335 | 152 | 151 | 1.740 |
| 1105171 | 6698 | 165 | 164 | 1.708 |
| 1318553 | 7666 | 172 | 171 | 1.779 |
| 1630927 | 8237 | 198 | 197 | 1.706 |
| 1852621 | 8822 | 210 | 209 | 1.707 |
| 1879049 | 9736 | 193 | 192 | 1.869 |
| 2101051 | 10150 | 207 | 206 | 1.836 |
| 2161829 | 10102 | 214 | 213 | 1.800 |
| 2189153 | 9773 | 224 | 223 | 1.729 |

Table 6: Largest $A$ with $2 A \nsupseteq \mathbb{Z}_{p}^{*}$
with the one exception $A \sim(115,6532,751181)$. We have included in the table the associated $k$ and $\lambda_{A}$ values for these groups. As expected, all of these groups have almost maximal doubling, that is, $\lambda_{A}=k-1$.

## 9. Proof of Theorem 4

We start with two lemmas that provide sufficient conditions for $|2 A| \geq n|A|$.
Lemma 6. For any multiplicative subgroup $A$ of $\mathbb{Z}_{p}^{*}$, with $|A|=t, k=(p-1) / t$, and any positive integer $n \leq k$, we have $|2 A| \geq n|A|$ provided that

$$
t \geq \frac{(n-1) k^{2}}{k-(n-1)}
$$

Taking $n=k$ we see that $|2 A| \geq p-1$ provided that

$$
\begin{equation*}
t \geq(k-1) k^{2}, \quad \text { or equivalently, } \quad p \geq(k-1) k^{3}+1 \tag{9.1}
\end{equation*}
$$

Similarly, taking $n=\lceil k / 2\rceil$, we see that $|2 A| \geq \frac{p-1}{2}$ provided that

$$
p \geq \begin{cases}\left(\frac{k-2}{k+2}\right) k^{3}+1, & \text { if } k \text { is even } \\ \left(\frac{k-1}{k+1}\right) k^{3}+1, & \text { if } k \text { is odd }\end{cases}
$$

In particular, $|2 A| \geq p-1$ if $t>p^{3 / 4}$, and $|2 A| \geq \frac{p-1}{2}$ if $t>p^{2 / 3}$.
Proof. It is well known that

$$
\begin{equation*}
|2 A| \geq t^{4} / E_{A} \tag{9.2}
\end{equation*}
$$

where $E_{A}$ is the additive energy of $A$,

$$
E_{A}:=\#\left\{\left(x_{1}, x_{2}, x_{3}, x_{4}\right): x_{i} \in A, 1 \leq i \leq 4, x_{1}+x_{2}=x_{3}+x_{4}\right\}
$$

For even $t$ we can do slightly better. For $0 \leq c<p-1$, let $n_{c}$ denote the number of $\left(x_{1}, x_{2}\right) \in A \times A$ with $x_{1}+x_{2}=c$. Then

$$
E_{A}=t^{2}+\sum_{c=1}^{p-1} n_{c}^{2}, \quad \text { and } \quad \sum_{c=1}^{p-1} n_{c}=t^{2}-t
$$

By the Cauchy-Schwarz inequality,

$$
t^{2}-t \leq(|2 A|-1)^{1 / 2}\left(\sum_{c=1}^{p-1} n_{c}^{2}\right)^{1 / 2}=(|2 A|-1)^{1 / 2}\left(E_{A}-t^{2}\right)^{1 / 2}
$$

and so for even $t$,

$$
\begin{equation*}
|2 A| \geq \frac{t^{2}(t-1)^{2}}{E_{A}-t^{2}}+1 \tag{9.3}
\end{equation*}
$$

Letting $\lambda=\lambda_{A}$, the number of cosets in $2 A$, we have by (9.2) and (9.3),

$$
\lambda_{A} \geq \begin{cases}t^{3} / E_{A}, & \text { if } t \text { is odd }  \tag{9.4}\\ t(t-1)^{2} /\left(E_{A}-t^{2}\right), & \text { if } t \text { is even }\end{cases}
$$

Define

$$
\Phi_{A}=\max _{p \nmid a}\left|\sum_{x \in A} e_{p}(a x)\right|
$$

where $e_{p}(a x)=e^{2 \pi i a x / p}$. The following estimate is well known; see eg. [6, Equation (11)]:

$$
\begin{equation*}
E_{A} \leq \frac{|A|^{4}}{p}+|A| \Phi_{A}^{2} \tag{9.5}
\end{equation*}
$$

Using the Gauss sum bound $\Phi_{A} \leq \sqrt{p-1}$ and $t k=p-1$, we have

$$
\begin{equation*}
E_{A} \leq \frac{t^{4}}{p}+t(p-1)<\frac{t^{3}}{k}+t^{2} k \tag{9.6}
\end{equation*}
$$

In order to have $\lambda_{A} \geq n$, it is enough to have $\lambda_{A}>n-1$. For odd $t$, by (9.4) and (9.6), it suffices to have

$$
\begin{equation*}
\frac{t^{3}}{\frac{t^{3}}{k}+t^{2} k} \geq n-1 \tag{9.7}
\end{equation*}
$$

which simplifies to the statement of the lemma. Similarly, for even $t$ it suffices to have

$$
\begin{equation*}
\frac{t(t-1)^{2}}{\frac{t^{3}}{k}+t^{2} k-t^{2}} \geq n-1 \tag{9.8}
\end{equation*}
$$

For $n \geq 3$, we claim this is implied by the inequality in (9.7). Indeed, for $n \geq 3$, (9.7) implies

$$
\begin{equation*}
t k \geq 2\left(t+k^{2}\right) \tag{9.9}
\end{equation*}
$$

The left-hand side of (9.8) is greater than or equal to the left-hand side of (9.7) if

$$
\left(1-\frac{1}{t}\right)^{2} \geq 1-\frac{k}{t+k^{2}}
$$

Dropping the $\frac{1}{t^{2}}$ term on the left-hand side, we see that it suffices to have $\frac{2}{t} \leq \frac{k}{t+k^{2}}$, the condition in (9.9). The statement of the lemma is trivial if $n=1$ or 2 .

We also need the following result of Cochrane and Pinner [7].
Lemma 7 ([7], Theorem 5.2). Let $n$ be a positive integer, and $A$ a subgroup of $\mathbb{Z}_{p}^{*}$ with $t \geq 8(n-1)(2 n-3)$ and $k \geq 4 n-6$. Then $|2 A| \geq n|A|$.

Proof of Theorem 4. Let $n$ be a fixed positive integer and $A$ a subgroup of $\mathbb{Z}_{p}^{*}$ not having maximal doubling, with $\lambda_{A}=n$. We may assume $n \geq 2$. Since $A$ does not have maximal doubling, $t>2 n$ and $k>n$. Applying Lemma 7 with $n$ replaced by $n+1$, we deduce from $|2 A|<(n+1)|A|$ that either

$$
n+1 \leq k \leq 4 n-3, \quad \text { or } \quad 2 n+1 \leq t \leq 8 n(2 n-1)-1
$$

By Lemma 6, applied with $n$ replaced by $n+1$, for each value of $k$ in the range $n+1 \leq k \leq 4 n-3$, we must have $t<\frac{n k^{2}}{k-n}$. Finally, since $A$ does not have maximal doubling, we have $p \in \mathcal{P}_{t}$ by Lemma 3 .

## 10. Determination of the Sets $\mathcal{S}_{n}$ for $n=2,3$ and 4

Consider first the case $n=2$, and let $A$ be a Type- 3 group with $\lambda_{A}=2$. By Theorem 4, either $3 \leq k \leq 5$ and $5 \leq t<2 k^{2} /(k-2)$, or $5 \leq t \leq 47$. In the first case, if $k=3,4$ or 5 , then $t \leq 17,15,16$ respectively. Thus in both cases we must have $5 \leq t \leq 47$. Table 3 reveals that there are no Type- 3 groups in this range with $\lambda_{A}=2$. Thus $\mathcal{S}_{2}=\emptyset$.

Next consider $n=3$. Then by Theorem 4, either $4 \leq k \leq 9$ and $7 \leq t \leq$ $3 k^{2} /(k-3)$, or $7 \leq t \leq 119$. The first case implies that $t \leq 48$, and so in both cases, $7 \leq t \leq 119$. Again, the extended Table 3 reveals that the only Type- 3 groups with $\lambda_{A}=3$ occur when $t=7,8$ or 10 . The specific groups can then be read from Table 2 :

$$
\mathcal{S}_{3}=\{(4,7,29),(4,10,41),(5,8,41),(6,7,43)\}
$$

For $n=4$, we have either $5 \leq k \leq 13$ and $t<4 k^{2} /(k-4)$, or $9 \leq t \leq 223$. In both case we get $t \leq 223$. The extended tables reveal the six groups

$$
\mathcal{S}_{4}=\{(5,12,61),(5,14,71),(5,20,101),(6,10,61),(12,9,109),(14,9,127)\}
$$

For $n=5$ we would need data for groups as large as $t=359$, which would require more computation time than we think is worthwhile. It is better to find an improvement of Lemma 7 first.

## 11. Another Proof of Theorem 3

In this section, we appeal to inverse results from additive combinatorics to give a second proof of Theorem 3 that only requires computational information for groups with $t \leq 13$ or $p<2500$. This section also lays the groundwork for the proof of Corollary 2.

Recall, a subset of $\mathbb{Z}_{p}$ of the form $\{a, a+d, a+2 d, \ldots, a+(\ell-1) d\}$, with $a, d \in$ $\mathbb{Z}_{p}, d \neq 0$, is called an arithmetic progression or $d$-progression of length $\ell$. It is elementary that if $A$ and $B$ are arithmetic progressions with the same difference, then $|A+B|=\min (|A|+|B|-1, p)$. Vosper [21] established the following inverse result.

Theorem 5 ([21]). Suppose that $A, B$ are subsets of $\mathbb{Z}_{p}$ with $|A|,|B| \geq 2$, and $|A+B|=|A|+|B|-1 \leq p-2$. Then $A$ and $B$ are arithmetic progressions with the same difference.

A set $S$ is called an almost arithmetic progression, or almost progression if $S$ is an arithmetic progression with one term removed, but not itself an arithmetic progression. It is elementary that if $A$ and $B$ are almost progressions with the same difference, then $|A+B| \leq|A|+|B|+1$. Hamoudine and Rodseth [12] established the following inverse characterization.

Theorem 6 ([12]). Suppose that $A, B$ are subsets of $\mathbb{Z}_{p}$ with $|A|,|B| \geq 3$, and that

$$
7 \leq|A+B|=|A|+|B| \leq p-4
$$

Then $A$ and $B$ are arithmetic progressions or almost arithmetic progressions with the same difference d.

In particular, either one of $A$ and $B$ is a d-progression while the other is an almost d-progression, or

$$
A=\{a, a+2 d, a+3 d, \ldots, a+|A| d\}, \quad \text { and } \quad B=\{b, b+2 d, b+3 d, \ldots, b+|B| d\} .
$$

for some $a, b, d \in \mathbb{Z}_{p}$.
Freiman [8] proved the following inverse theorem (cf. [17, Theorem 2.11]).
Theorem 7 ([8]). Let $A$ be a subset of $\mathbb{Z}_{p}$ and $r$ be an integer with $0 \leq r \leq \frac{2}{5}|A|-2$. If $|A+A|=2|A|-1+r$ and $|A| \leq p / 35$, then $A$ is contained in an arithmetic progression with $|A|+r$ elements.

We immediately deduce the following lemma, part (i) from Theorem 6, and part (ii) from Theorem 7 .

Lemma 8. Let $A$ be a subset of $\mathbb{Z}_{p}$.
(i) If $4 \leq|A| \leq(p-1) / 3$ and $|2 A|=2|A|$ then $A$ is an almost progression of the form $A=\{a, a+2 d, a+3 d, \ldots, a+|A| d\}$.
(ii) If $10 \leq|A| \leq p / 35$, and $|2 A|=2|A|+1$, then $A$ is contained in an arithmetic progression with $|A|+2$ elements.

Proof of Theorem 3. Suppose that $t \geq 5, k \geq 3$, and $\lambda_{A}=2$. From Table 2 we see that $t \geq 14$. Computational data also show that $p>2500$. By Lemma 6 , we must have $t<2 k^{2} /(k-2)$, and consequently, $p=k t+1<2 k^{3} /(k-2)+1$. Since $p>2500$ we must have $k \geq 35$.

Suppose now that $t \geq 14, k \geq 35$, and that $|2 A|=2|A|$ or $2|A|+1$. Then, by Lemma $8, A$ is contained in an arithmetic progression of length at most $t+2$. It follows that the set $3 A-3 A:=A+A+A-A-A-A$ is contained in an arithmetic progression of length at most $6(t+2)-5=6 t+7$ and so $|3 A-3 A| \leq 6 t+7$. On the other hand, a result of Glibichuk and Konyagin [10, Corollary 3.6] (see also [2]) gives,

$$
|3 A-3 A| \geq \min \left(\frac{t^{2}}{2}, \frac{p-1}{2}\right)
$$

Thus, either $6 t+7 \geq \frac{1}{2} t^{2}$, that is, $t \leq 13$, or $6 t+7 \geq \frac{p-1}{2}$, that is, $k \leq 12+\frac{14}{t} \leq 13$, contradicting $t \geq 14, k \geq 35$.

## 12. Proof of Corollary 2, Part I: Almost Arithmetic Progressions

Chowla, Mann and Straus [4] proved the following.

Lemma 9 ([4]). If $A$ is a multiplicative subgroup of $\mathbb{Z}_{p}^{*}$ with $3 \leq|A|<p-1$ then $A$ is not an arithmetic progression.

Thus, a subgroup of $\mathbb{Z}_{p}^{*}$ is an arithmetic progression if and only if $t=1,2$ or $p-1$. As the first step towards proving Corollary 2 , we prove the following characterization of almost arithmetic progressions.

Lemma 10. If $p$ is a prime with $p \neq 7$, then no subgroup of $\mathbb{Z}_{p}^{*}$ is an almost arithmetic progression. For $p=7$, the subgroup $\{1,3,4\}$ of $\mathbb{Z}_{7}^{*}$ is the unique subgroup that is an almost arithmetic progression.

We need the following.
Lemma 11. If $A$ is a multiplicative subgroup of $\mathbb{Z}_{p}^{*}$ that is an almost arithmetic progression of the type

$$
a, a+d, \ldots, a+(r-1) d, a+(r+1) d, \ldots, a+t d
$$

for some $a, d \in \mathbb{Z}_{p}^{*}$ and positive integers $r, t$ with $1 \leq r<t$, then

$$
p \mid\left(t^{3}-t^{2}+12 r t-12 r^{2}\right)
$$

We note that Lemma 9 is an immediate consequence of the $r=0$ version of this lemma. The proof we give here follows the argument in [4] (see also [17]) for the proof of Lemma 9.

Proof. Since $A$ is not an arithmetic progression we know $3 \leq t<p-1$. It is elementary that for any subgroup $A$ of $\mathbb{Z}_{p}^{*}$ with $t \geq 3, \sum_{x \in A} x=0$ and $\sum_{x \in A} x^{2}=0$. Then

$$
\begin{aligned}
0 & =\sum_{x \in A} \sum_{y \in A}(x-y)^{2}=\sum_{i=0}^{t} \sum_{j=0}^{t}((a+i d)-(a+j d))^{2}-2 \sum_{i=0}^{t}((a+i d)-(a+r d))^{2} \\
& =d^{2}\left(\sum_{i=0}^{t} \sum_{j=0}^{t}(i-j)^{2}-2 \sum_{i=0}^{t}(i-r)^{2}\right) \\
& =d^{2}\left(2 t \sum_{i=0}^{t} i^{2}-2\left(\sum_{i=0}^{t} i\right)^{2}+4 r \sum_{i=0}^{t} i-2(t+1) r^{2}\right) \\
& =d^{2}\left(\frac{1}{3} t^{2}(t+1)(2 t+1)-\frac{1}{2}(t(t+1))^{2}+2 r t(t+1)-2(t+1) r^{2}\right) \\
& =\frac{1}{6} d^{2}(t+1)\left(t^{3}-t^{2}+12 r t-12 r^{2}\right)
\end{aligned}
$$

Since $p \geq 5$ and $p \nmid d^{2}(t+1)$, the lemma follows.
Proof of Lemma 10. Suppose that $A$ is a subgroup of $\mathbb{Z}_{p}^{*}$ that is an almost arithmetic progression. In particular, $t \geq 3$ and $p \geq 7$. Since $A$ is contained in an arithmetic progression of length $t+1$ we have

$$
|2 A| \leq 2(t+1)-1<3 t=3|A|
$$

and so $|2 A|=2|A|$ or $2|A|+1$. By Theorem $3, t=3$ or 4 , or $k=2$. If $t=3$, then by Lemma 11, we have

$$
p \mid 6\left(2 r^{2}-6 r-3\right)
$$

for some $r \in\{0,1,2\}$, implying that $p=7$ and $A=\{1,2,4\}$. For $t=4$, we get similarly that

$$
p \mid 12\left(r^{2}-4 r-4\right)
$$

for some $r \in\{0,1,2,3\}$, but there are no such primes with $p \equiv 1 \bmod 4$.
If $k=2$, then the set of squares $\bmod p$ is contained in an arithmetic progression $\{a+d j: 0 \leq j \leq t\}$ of length $t+1=\frac{p+1}{2}$, for some $a, d \in \mathbb{Z}_{p}^{*}$, which implies that $\left(\frac{a+d j}{p}\right)=1$ for all but one value of $j \in[0,(p-1) / 2]$. Therefore,

$$
\left|\sum_{j=0}^{(p-1) / 2}\left(\frac{a+d j}{p}\right)\right| \geq \frac{p-3}{2}
$$

On the other hand, by the Polya-Vinogradov estimate (see [1, Lemma 3.1] for the numeric version stated here), for any arithmetic progression $I$,

$$
\begin{equation*}
\left|\sum_{x \in I}\left(\frac{x}{p}\right)\right| \leq \frac{4}{\pi^{2}} \sqrt{p} \log (3 p) \tag{12.1}
\end{equation*}
$$

Together, these inequalities imply that $p \leq 13$. By Lemma 11 , for $p=13, t=6$ we must have $13 \mid\left(r^{2}-6 r-15\right)$ for some $r$ with $1 \leq r<6$, which does not occur. For $p=11, t=5$ we must have $11 \mid\left(3 r^{2}-15 r-25\right)$ for some $r$ with $1 \leq r<5$, which also does not occur. This leaves $p=7,5$ or 3 , cases we have already accounted for.

## 13. Proof of Corollary 2, Part II

If $p \leq 7$ then every subgroup of $\mathbb{Z}_{p}^{*}$ is accounted for in parts (i) and (ii) of the corollary, and so we may assume that $p>7$. Suppose that $A$ is a subgroup of $\mathbb{Z}_{p}^{*}$ contained in an arithmetic progression $B$ of length $\left\lfloor\frac{3}{2} t\right\rfloor$. Then $|2 A| \leq|2 B| \leq$ $2|B|-1 \leq 3 t-1$, and so by Theorem 3 , it follows that $k \leq 2$ or $t \leq 4$. The cases $k=1, t=1$ and $t=2$ are trivial. We consider the remaining cases in turn.

Suppose that $k=2$, that is, $A$ is the group of squares. Since $A$ is contained in an arithmetic progression $B$ with $|B|=\left\lfloor\frac{3}{2} t\right\rfloor=\left\lfloor\frac{3}{4}(p-1)\right\rfloor$, the complementary set $B^{c}=\mathbb{Z}_{p} \backslash B$ is an arithmetic progression of length $\left|B^{c}\right|=p-|B|=\left\lceil\frac{1}{4}(p+3)\right\rceil$ consisting entirely of quadratic nonresidues together possibly with zero. Let $B^{c}=$
$\{a+d j: 1 \leq j \leq M\}$, with $M=\left\lceil\frac{1}{4}(p+3)\right\rceil$, for some $a, d \in \mathbb{Z}_{p}, d \neq 0$. Therefore,

$$
\begin{equation*}
\left|\sum_{j=1}^{M}\left(\frac{a+d j}{p}\right)\right| \geq M-1 \geq \frac{1}{4}(p-1) . \tag{13.1}
\end{equation*}
$$

Combining this with the Polya-Vinogradov upper bound (12.1), we conclude that $p<80$. For $p<80$, a computer is used to compute all possible sums of the type (13.1). By factoring out $d$, one can assume that $d=1$, saving computing time. The only sums satisfying (13.1) with $7<p<80$ occur when $p=13$ and 17 . For $p=13$ we have

$$
A=\{1,3,4,9,10,12\} \subset\{1+3 k: 0 \leq k \leq 8\}=\{1,4,7,10,0,3,6,9,12\}
$$

while for $p=17$,

$$
A=\{1,2,4,8,9,13,15,16\} \subset\{9+3 k: 0 \leq k \leq 11\}
$$

If in either case, $p=13$ or $p=17, A$ was contained in an arithmetic progression of shorter length than the one given, then the complementary set would be a longer progression of nonresidues than actually occurs for $p=13$ or 17 .

Suppose now that $t=3$. Then $\left\lfloor\frac{3}{2} t\right\rfloor=4$, and so $A$ is contained in a progression of length 4. Then $A$ is either an arithmetic progression or an almost arithmetic progression, and so by Lemmas 9 and $10, A=\{1,2,4\}$ in $\mathbb{Z}_{7}^{*}$.

Finally, suppose that $t=4$. In particular, $p \equiv 1 \bmod 4$. In this case, the assumption is that $A$ is contained in a progression of length 6 , say

$$
a, a+d, a+2 d, a+3 d, a+4 d, a+5 d,
$$

for some $a, d \in \mathbb{Z}_{p}, d \neq 0$. Consider all possible ways of forming $A$ by deleting two elements from the progression. If either element is one of the extremities, $a$ or $a+5 d$, then $A$ is either a progression or an almost progression, cases already dealt with. Consider in turn the other $\binom{4}{2}=6$ possibilities.
(i) $A=\{a, a+3 d, a+4 d, a+5 d\}$. Then forming the sum $\sum_{x \in A} \sum_{y \in A}(x-y)^{2}$, we get $0=56 d^{2}$, implying that $p=7$, contradicting $p \equiv 1 \bmod 4$.
(ii) $A=\{a, a+2 d, a+4 d, a+5 d\}$. Forming the same sum, we get $0=59 d^{2}$, implying that $p=59$, again in violation of $p \equiv 1 \bmod 4$.
(iii) $A=\{a, a+2 d, a+3 d, a+5 d\}$. This time we get $0=52 d^{2}$, implying that $p=13$. For $p=13$, we see that

$$
A=\{1,5,8,12\} \subset\{8+2 k: 0 \leq k \leq 5\}=\{8,10,12,1,3,5\}
$$

$A$ is not contained in any shorter progression, since it is not an almost arithmetic progression, by Lemma 10.
(iv) $A=\{a, a+d, a+4 d, a+5 d\}$. Then $0=68 d^{2}$ and so $p=17$. For $p=17$, we have

$$
A=\{1,4,13,16\} \subset\{1+3 k: 0 \leq k \leq 5\}=\{1,4,7,10,13,16\}
$$

Again, $A$ is not contained in any shorter progression.
(v) $A=\{a, a+d, a+3 d, a+5 d\}$. Then $0=59 d^{2}$, which as we saw above cannot occur.
(vi) $A=\{a, a+d, a+2 d, a+5 d\}$. Then $0=56 d^{2}$, which also cannot occur.

## 14. Estimation of $\Phi_{t}(n)$

Lemma 12. For any positive integers $n>1, t>2$ we have
(a) $\quad \Phi_{t}(n)<\frac{n}{n-1} n^{\phi(t)}, \quad$ for $t$ odd; $\Phi_{t}(n)<\frac{n+1}{n} n^{\phi(t)}, \quad$ for $t$ even.
(b) $\quad \Phi_{t}(-n)<\frac{n+1}{n} n^{\phi(t)}, \quad$ for $t$ odd; $\Phi_{t}(-n)<\frac{n}{n-1} n^{\phi(t)}, \quad$ for $t$ even.
To prove the lemma we need the following lemma.
Lemma 13. Let $\mathcal{P}$ be the set of primes and $x$ a positive real with $0<x \leq \frac{1}{2}$. Then
(i) $\prod_{p \in \mathcal{P}}\left(1+x^{p}\right)<1+x ;$
(ii) $\prod_{p \in \mathcal{P}}\left(1-x^{p}\right)>1-x$.

Proof. (i) Noting that $\log (1+x)<x-\frac{3}{8} x^{2}$ for $0<x \leq \frac{1}{2}$, we have for $0<x \leq \frac{1}{2}$,

$$
\begin{aligned}
\sum_{p \in \mathcal{P}} \log \left(1+x^{p}\right) & <\log \left(\left(1+x^{2}\right)\left(1+x^{3}\right)\right)+\sum_{\substack{p \geq 5 \\
p \in \mathcal{P}}}\left(x^{p}-\frac{3}{8} x^{2 p}\right) \\
& <\log \left(\left(1+x^{2}\right)\left(1+x^{3}\right)\right)+\sum_{\substack{n \geq 5 \\
n \text { odd }}}\left(x^{n}-\frac{3}{8} x^{2 n}\right) \\
& =\log \left(\left(1+x^{2}\right)\left(1+x^{3}\right)\right)+\frac{x^{5}}{1-x^{2}}-\frac{3}{8} \frac{x^{10}}{1-x^{4}}<\log (1+x)
\end{aligned}
$$

the last inequality being verified on a calculator for $0<x \leq \frac{1}{2}$.
(ii) For the lower bound in (ii), we first observe that $\log (1-x)>-x-2 x^{2}$ for $0<x \leq \frac{1}{2}$, and so

$$
\sum_{\substack{p \geq 5 \\ p \in \mathcal{P}}} \log \left(1-x^{p}\right)>-\sum_{\substack{p \geq 5 \\ p \in \mathcal{P}}}\left(x^{p}+2 x^{2 p}\right)>-\frac{x^{5}}{1-x^{2}}-\frac{2 x^{10}}{1-x^{4}}
$$

and

$$
\sum_{p \in \mathcal{P}} \log \left(1-x^{p}\right)>\log \left(\left(1-x^{2}\right)\left(1-x^{3}\right)\right)-\frac{x^{5}}{1-x^{2}}-\frac{2 x^{10}}{1-x^{4}}>\log (1-x)
$$

the last inequality being verified on a calculator for $0<x \leq \frac{1}{2}$.
Proof of Lemma 12. It suffices to prove parts (a) and (b) for the case of odd squarefree $t$. The inequalities for even square-free $t$ follow from the formula

$$
\Phi_{2 t}(x)=\Phi_{t}(-x)
$$

for $t$ odd. For a general positive integer $t$, we write $t=t_{1} t_{2}$ with $t_{1}$ the radical of $t$ (the product of its distinct prime divisors), and deduce the inequalities from the formula

$$
\Phi_{t}(x)=\Phi_{t_{1}}\left(x^{t_{2}}\right)
$$

(a) Let $t=q_{1} q_{2} \cdots q_{r}$, with the $q_{i}$ distinct odd primes. Suppose that $r$ is odd. Let $\omega=\omega(d)$ denote the number of distinct prime divisors of $d$, and for any non-negative integer $j$, set

$$
\prod_{\omega=j}:=\prod_{d \mid t, \omega(d)=j}
$$

Then

$$
\begin{aligned}
\Phi_{t}(n) & =\prod_{d \mid t}\left(n^{d}-1\right)^{\mu(t / d)}=n^{\phi(t)} \prod_{d \mid t}\left(1-\frac{1}{n^{d}}\right)^{\mu(t / d)} \\
& =n^{\phi(t)} \frac{\prod_{\omega=r}\left(1-\frac{1}{n^{d}}\right) \prod_{\omega=r-2}\left(1-\frac{1}{n^{d}}\right) \cdots \prod_{\omega=1}\left(1-\frac{1}{n^{d}}\right)}{\prod_{\omega=r-1}\left(1-\frac{1}{n^{d}}\right) \prod_{\omega=r-3}\left(1-\frac{1}{n^{d}}\right) \cdots \prod_{\omega=2}\left(1-\frac{1}{n^{d}}\right)\left(1-\frac{1}{n}\right)} \\
& <n^{\phi(t)} \frac{\prod_{\omega=r-2}\left(1-\frac{1}{n^{d}}\right)}{\prod_{\omega=r-1}\left(1-\frac{1}{n^{d}}\right)} \frac{\prod_{\omega=r-4}\left(1-\frac{1}{n^{d}}\right)}{\prod_{\omega=r-3}\left(1-\frac{1}{n^{d}}\right)} \cdots \frac{\prod_{\omega=1}\left(1-\frac{1}{n^{d}}\right)}{\prod_{\omega=2}\left(1-\frac{1}{n^{d}}\right)} \frac{1}{\left(1-\frac{1}{n}\right)} .
\end{aligned}
$$

We claim that for $l=0$ to $r-1$,

$$
\begin{equation*}
\prod_{\omega=l+1}\left(1-\frac{1}{n^{d}}\right)>\prod_{\omega=l}\left(1-\frac{1}{n^{d}}\right) \tag{14.1}
\end{equation*}
$$

Indeed, applying Lemma 13 (ii) with $x=\frac{1}{n^{d}}$,

$$
\prod_{\omega=l+1}\left(1-\frac{1}{n^{d}}\right)>\prod_{\substack{d d t \\ \omega(d)=l}} \prod_{j=1}^{r}\left(1-\frac{1}{n^{d q_{j}}}\right)>\prod_{\substack{d d t \\ \omega(d)=l}}\left(1-\frac{1}{n^{d}}\right)=\prod_{\omega=l}\left(1-\frac{1}{n^{d}}\right) .
$$

Thus, for odd $r$ we get $\Phi_{t}(n)<n^{\phi(t)} \frac{n}{n-1}$.
Next, if $r$ is even, we write

$$
\begin{aligned}
\Phi_{t}(n) & =\prod_{d \mid t}\left(n^{d}-1\right)^{\mu(t / d)}=n^{\phi(t)} \prod_{d \mid t}\left(1-\frac{1}{n^{d}}\right)^{\mu(t / d)} \\
& <n^{\phi(t)} \frac{\prod_{\omega=r-2}\left(1-\frac{1}{n^{d}}\right)}{\prod_{\omega=r-1}\left(1-\frac{1}{n^{d}}\right)} \cdots \frac{\prod_{\omega=2}\left(1-\frac{1}{n^{d}}\right)}{\prod_{\omega=3}\left(1-\frac{1}{n^{d}}\right)} \frac{\left(1-\frac{1}{n}\right)}{\prod_{\omega=1}\left(1-\frac{1}{n^{d}}\right)}
\end{aligned}
$$

which, by (14.1), yields $\Phi_{t}(n)<n^{\phi(t)}$.
(b) Again, let $t=q_{1} q_{2} \cdots q_{r}$, with the $q_{i}$ distinct odd primes. Suppose that $r$ is odd. Then

$$
\begin{aligned}
\Phi_{t}(-n) & =\prod_{d \mid t}\left(-n^{d}-1\right)^{\mu(t / d)}=n^{\phi(t)} \prod_{d \mid t}\left(1+\frac{1}{n^{d}}\right)^{\mu(t / d)} \\
& =n^{\phi(t)} \frac{\prod_{\omega=r}\left(1+\frac{1}{n^{d}}\right)}{\prod_{\omega=r-1}\left(1+\frac{1}{n^{d}}\right)} \frac{\prod_{\omega=r-2}\left(1+\frac{1}{n^{d}}\right)}{\prod_{\omega=r-3}\left(1+\frac{1}{n^{d}}\right)} \cdots \frac{\prod_{\omega=1}\left(1+\frac{1}{n^{d}}\right)}{\left(1+\frac{1}{n}\right)} .
\end{aligned}
$$

We claim that for $l=0$ to $r-1$,

$$
\begin{equation*}
\prod_{\omega=l+1}\left(1+\frac{1}{n^{d}}\right)<\prod_{\omega=l}\left(1+\frac{1}{n^{d}}\right) . \tag{14.2}
\end{equation*}
$$

Indeed, applying Lemma 13 with $x=\frac{1}{n^{d}}$,

$$
\prod_{\omega=l+1}\left(1+\frac{1}{n^{d}}\right)<\prod_{\substack{d \mid t \\ \omega(d)=l}} \prod_{j=1}^{r}\left(1+\frac{1}{n^{d q_{j}}}\right)<\prod_{\substack{d \mid t \\ \omega(d)=l}}\left(1+\frac{1}{n^{d}}\right)=\prod_{\omega=l}\left(1+\frac{1}{n^{d}}\right)
$$

Thus, for odd $r$ we get $\Phi_{t}(-n)<n^{\phi(t)}$.
Next, if $r$ is even, we write

$$
\begin{aligned}
\Phi_{t}(-n) & =\prod_{d \mid t}\left(-n^{d}-1\right)^{\mu(t / d)}=n^{\phi(t)} \prod_{d \mid t}\left(1+\frac{1}{n^{d}}\right)^{\mu(t / d)} \\
& =n^{\phi(t)} \frac{\prod_{\omega=r}\left(1+\frac{1}{n^{d}}\right)}{\prod_{\omega=r-1}\left(1+\frac{1}{n^{d}}\right)} \frac{\prod_{\omega=r-2}\left(1+\frac{1}{n^{d}}\right)}{\prod_{\omega=r-3}\left(1+\frac{1}{n^{d}}\right)} \cdots \frac{\prod_{\omega=2}\left(1+\frac{1}{n^{d}}\right)}{\prod_{\omega=1}\left(1+\frac{1}{n^{d}}\right)}\left(1+\frac{1}{n}\right),
\end{aligned}
$$

which, by (14.2), yields the inequality of the lemma.

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